

LUNCH

SERVED 12.00 NOON

OCEAN ALL DAY BREAKFAST

Two pork sausages, two bacon, two poached eggs, slow roasted tomato, portobello mushroom, hash brown, black pudding, baked beans & white or granary toast

13.95

AVOCADO ON TOAST (gfo)

Smashed avocado on white or granary toast, roasted cherry vine tomatoes, pumpkin seeds topped with poached eggs

11.95

Optional Extras:

Smoked Salmon 3.45 Bacon 2.25
Wilted Spinach (v) 1.25 Portobello Mushroom (v) 1.25

BAY BURGER

Hand pressed steak burger, streaky bacon, gouda, sliced tomato, baby gem lettuce, gherkins & house burger sauce in a toasted seeded brioche bun served with chunky chips & coleslaw topped with homemade onion rings

16.95

RUEBEN BURGER

Homemade steak burger, pastrami, sliced gouda, sauerkraut, gherkin, mustard & a house herb horseradish in a toasted seeded brioche bun served with chunky chips & coleslaw topped with onion rings

16.95

HALLOUMI BURGER (v) (gfo)

Grilled halloumi slices & smashed avocado, sliced tomato, baby gem lettuce, gherkins & house burger sauce in a toasted brioche bun served with chunky chips & coleslaw topped with homemade onion rings

16.95

FISH OF THE DAY (gf)

Pan-fried locally caught fish, served on a chorizo bean ragu

16.95

CATCH OF THE DAY (gf)

Locally caught fish in our gluten free beer batter served with chunky chips, mushy peas, house tartare sauce & wedge of lemon

17.95

SALT & PEPPER SQUID

Starters (8) With a dressed house salad & chipotle aioli
Mains (12) Served with fries, dressed house salad & chipotle aioli

8.95

14.95

MEDITERRANEAN LOADED FRIES (v) (gf)

Marinated feta cheese, oregano, mixed olives, pink pickled onions, cherry tomatoes, cucumber & rocket topped over skin on fries

13.95

6oz RUMP STEAK (gf)

Cooked medium rare, served with chimichurri, rocket, roasted cherry vine tomatoes, fries & homemade onion rings

17.95

SOUP OF THE DAY (gfo)

Served with a warm ciabatta or a cheese scone

7.95

THE BAY COMBO

A bowl of soup with a cheese toastie

14.95

CROQUE MONSIEUR

Pulled ham hock with gouda, bechamel sauce, Dijon mustard & beer onions between sourdough, with fries & a dressed salad

14.95

SIDES & LITE BITES

SKIN ON FRIES (v) (gf)

Add cheese +£1
3.45

CHUNKY CHIPS (v) (gf)

Add cheese +£1
4.95

HOMEMADE BAY SLAW (v) (gf)

3.25

GARDEN SALAD (v) (gf)

3.25

MINI MEZZE BOARD (v)

Harlequin olives, pitta bread & hummus
7.95

SPANISH STYLE MEATBALLS

Baked in a rich tomato sauce served with garlic ciabatta
8.95

MONKFISH GOUJONS (gf)

Beer battered monkfish with tartare sauce, watercress & lemon
9.95

PATATAS BRAVAS (gf)

Sauté new potatoes in a spiced tomato sauce
7.95

SAUTE PARMESAN POTATOES (gf)

With rosemary salt & rocket
6.95

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ADD A MEDIUM GLASS OF WHITE, RED OR ROSE TO YOUR MEAL

5.95

LITE LUNCH

CIABATTAS

Served with a bucket of fries & a dressed house salad

CHICKEN & CHIPOTLE STACK (gfo)

Grilled chicken breast, sliced chorizo, mature cheddar, baby gem lettuce, tomato & chipotle aioli

16.95

FISH FINGER (gfo)

Beer battered fish fingers, mushy peas, house tartare sauce & watercress

15.95

PHILLI CHEESE STEAK (gfo)

Seared fillet steak, green peppers, fried onions, mature cheddar cheese & pepper mayonnaise

16.95

SAUSAGE & BRIE

Local butchers sausages, brie, fried onions & red onion marmalade

14.95

SANDWICHES

Served on white or granary bread with a dressed house salad, coleslaw & Burt's crisps. *Gluten Free Bread Available.*

EGG MAYONNAISE (v)

Free range eggs in a creamy mayonnaise & watercress

9.95

PRAWNS

In a chilli jam mayonnaise with baby gem, avocado & cucumber

11.95

HOME COOKED HAM

Piccalilli, baby gem & tomato

10.95

CHEDDAR & CARROT CHUTNEY

Homemade chutney, with grated cheddar & rocket

9.95

BACON & BRIE

With red onion marmalade

10.95

WRAPS

Served with a bucket of fries & a dressed house salad

CHICKEN, AVOCADO & BACON

Grilled chicken breast, streaky bacon, parmesan shavings, avocado, baby gem lettuce and a house pepper mayonnaise

15.95

GLAZED HALLOUMI (v)

Chilli glazed halloumi, smashed avocado, baby gem lettuce & rocket

14.95

BETROOT, HUMMUS & CRISPY CHICKPEA (vg)

Sliced beetroot, hummus, crispy chickpeas, baby gem lettuce & tomato

13.95